

## Lady Elegant's Tea Room & Gift Shoppe

2230 Carter Avenue, Suites 7 & 8

Saint Paul, Minnesota 55108

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# ICED TEA HOW-TO To Make One Quart

- 2 rounded tablespoon tea leaves – adjust to individual preference  
(the larger the leaf, the more tea needed)
- 8 oz. hot water (see chart below)
- Ice and cold water to make 32 ounces total
- Measuring cup
- Pitcher
- Tea strainer

### **Method:**

Measure 8 oz. hot water into 2-cup measure. Set timer to appropriate time for type of tea (see chart). Add tea to water and press “start” on timer. Stir if necessary. When timer sounds, pour tea concentrate through strainer into pitcher. Discard leaves.\* Add about ten ice cubes and swirl pitcher to cool tea. Add more ice and water to pitcher to make about 32 ounces.

\*If you prefer “Sweet Tea,” add sugar or sweetener after straining and stir to dissolve. Then continue by adding ice and water to proper concentration.

Not all teas are suitable for icing. Some will lose flavor when served over ice. Ask our Shoppe salesperson for suggestions.

TEAS	TEMPERATURE	TIME
White	170°–180° F.	2–3 minutes
Green	170°–180° F.	1–3 minutes
Jasmine	180°–185° F.	1–2 minutes
Oolong	195°–210° F.	4–7 minutes
Black	212° F.	5 minutes
Flav'd Black	212° F.	4–5 minutes
Herbal Tisane	212° F.	5–8 minutes